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## *B. DEVELOPING CONVICTIONS*

### *B.9: Life Planning [Proverbs 16:9,*

### *Ephesians 5:15-16]*

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#### **A STORY**

In my Navigator experience I was always encouraged to write goals and do a life planning system. I tried all kinds of methods and found them helpful. When I began to get training in coaching I was introduced to Building Champions and their Four Core system.

The four core represents 4 Key areas to be coached into planning. The first is Life plan. Life planning is picking seven accounts in your life that you want to make deposits into. The second is Business or Ministry Vision. Here you dream where your business or ministry will go into the future. You move from there to Business Plan and then to Priority management. It is essential that with vision and plans you must choose the most important thing to put on your calendar first. I have used this plan for the last 15 years. It has been extremely helpful in staying on target and choosing the most important things first. A plan is essential with wise and good accountability.

#### **DIGGING INTO THE BIBLE**

**Proverbs 16:9** says *“The mind of man plans his way, but the Lord directs his steps.*

**Ephesians 5:15-16:** *“See that you walk circumspectly, redeeming the time for the days are evil.”*

#### **DISCOVERY AND DISCUSSION**

1. How would life planning help you redeem the time?
2. What experience have you had in life planning?
3. What can you do better to redeem the time you have been given?
4. What does circumspectly mean?

#### **APPLICATION AND ACCOUNTABILITY**

5. How can you use life planning to apply to this verse?
6. When do you want to get started on a life planning process?