
B. DEVELOPING CONVICTIONS

B.8: Rule of Life-Life Planning [Proverbs 16:9]

A STORY

RULE OF LIFE - Refer to *The Emotionally Healthy Leader* book by Peter Scazzero and coach from the diagram. (137)

Over the years, I have enjoyed **Proverbs 16:9** “The mind of man plans his way, but the Lord directs his steps.” I have enjoyed the privilege of life planning and seeing that my plans did not always work out the way I had wanted. It was also comforting to know that the Lord had directed my steps even when I stepped off the path. I was always brought back. Over 15 years ago, I was coached to build a life plan. This was a very helpful process to think through multiple areas of my life as accounts. How would I plan to make deposits into different parts of my life such as spiritual, family, marriage, finances, health, friendship, leadership and serving and fun? It was a great help.

DIGGING INTO THE BIBLE

In Proverbs 24:3,4 in the living Bible it says, “*Any enterprise is built by wise planning, becomes strong through common sense and profits wonderfully by staying abreast of the facts.*”

DISCOVERY AND DISCUSSION

1. What do you observe from this passage?
2. What does wise planning mean?
3. Where does “common sense” fit into life planning?
4. How do we stay abreast of the facts in our life and its many facets?
5. In Psalm 90:12 it says, “Teach us to number our days so we can present to Him a heart of wisdom,” What does it mean to number our days?

APPLICATION AND ACCOUNTABILITY

6. How does the teaching on the life planning apply this verse?
7. What barriers do you experience in thinking about life planning?
8. What do you see as your first step?
9. When will you get started in setting up a rule of life?